



The AppleCore Newsletter

November 2023



President's Message



November is upon us. Weather is getting cooler and our fair weather activities of golf and cycling have wound down for the season. The Snowbirds are packing as we head into winter. As we head into winter, it's even more important that we maintain our social contacts through all our club activities, pub lunch, wine and beer tasting, bridge and dining around. We remember Samuel de Champlain and the "Order of Good Cheer".

I hope to see everyone at our Annual Christmas Lunch. It's always one of the Club's most popular events.

On the eleventh day of this month, at the eleventh hour we will pause for two minutes to reflect the on the sacrifices of all those who have suffered or died during the course of war. The true effect of those sacrifices was brought home to me in the summer of 1969. I had a summer job at the Ste. Anne de Bellevue Veterans Hospital on the island of Montreal, my home town. The Hospital, a series of two storey buildings, was built in 1917, close to the CNR main line to accommodate soldiers shattered by World War One. Many of the veterans were missing limbs, others had been blinded by poison gases, and others had chronic and severe respiratory illnesses caused by those same gases. Tragically there was also an infirmary for those who had been so broken psychologically that they couldn't live outside of the institution.

At the time I worked there I was physically robust - a university football player, in similar physical shape and age to the veterans before they shipped out.

The toll that the war took on these men was incalculable, but through it all there was an esprit de corps, it was not uncommon to see a blind veteran pushing another veteran in a wheelchair. Together they could make it through.

When I worked there, the WW1 veterans were being joined by veterans of WW2 and Korea.

The effect of working that summer was transformative. I could have been one of them. Their sacrifices made it possible for our generations to live free and prosper. Wearing a poppy, and pausing for two minutes each November 11 seems to be the least I can do.

Paul Taylor
President

Upcoming Speaker - November

Ted Barris, Journalist, Author, Broadcaster, War Historian - November 9, 2023
"Battle of the Atlantic"



Ted's writing has regularly appeared in the national press, as well as magazines as diverse as Air Force, esprit de corps and Zoomer. He has also worked as host and contributor for most CBC Radio network programs, PBS in the U.S. and on TV Ontario. After 18 years teaching, he recently retired as a full-time professor of journalism at Toronto's Centennial College.

In 2011, he was one of 19 civilians presented with the Minister of Veterans' Affairs Commendation. In 2012, the Air Force Association of Canada selected Ted Barris to receive Queen Elizabeth II's Diamond Jubilee Medal.

Ted's 20th book, Battle of the Atlantic: Gauntlet to Victory was published in the fall of 2022 and immediately landed on the Globe and Mail and Toronto Star bestsellers lists.

Future Speakers

Bryana McLaughlin

Senior Coordinator, Capital Projects, Credit Valley Conservation - January 11, 2024

"Serson Creek and the Jim Tovey Lakeview Conservation Area"



You have probably never heard of Serson Creek, until recently a "lost river". This small Mississauga waterway disappeared into pipes underground some sixty years ago in the name of urban development. It has recently been restored and daylighted, flowing above ground into Lake Ontario and is home to fish once more. This is just one small aspect of the new Jim Tovey Lakeview Conservation Area, a vast 26 hectare lakefront greenspace being created just a few kilometers east of the Port Credit Yacht Club. Containing three coastal wetlands, meadows, a forest, and shoreline habitats, this new space will be a hub for passive waterfront recreation, and a hotspot for wildlife migration and a green oasis in the heart of the city.

It will not open to the public until 2025, but Bryana McLaughlin will give us an inside look at Credit Valley Conservation's construction progress and vision for the new Conservation Area.

Upcoming Events

Tom Thomson Tour at McMichael - November 21, 2023



Come to the [McMichael Gallery](#) in Kleinberg for a guided tour of the acclaimed group of seven artist, Tom Thomson. This is a tour for Probus members and spouses. It is scheduled for Tuesday, November 21 at 11:30.

Members can decide on lunch on their own at CABIN McMichael Restaurant on site and no reservations are needed. Hours are 10am to 5pm. See [website](#) for the [menu](#).

The cost is \$19 per person which includes the normal \$7 fee for parking. The last date for sign-up is November 16.

The monthly meeting on November 9 is the only time for in-person sign-up or contact Kent Newell for your commitment at: kent_newell@sympatico.ca . Payments can be made by E-transfer to Applewood treasurer.

Kent Newell

Annual Christmas Luncheon - December 7th, 2023



Probus Christmas Luncheon will be held at

Markland Wood Golf Club
245 Markland Drive, Etobicoke

Thursday, December 7, 2023

11:00 Fellowship

12:00 Lunch

50:50 draw - Prizes

Meal Choices - Please **SPECIFY CHOICE WHEN BUYING TICKETS:**

- Roast Beef, or
- Roasted Turkey, or
- Vegetarian

Cash Bar Available

Tickets: **\$80.00 Per Person**, payable by **Cheque or Etransfer to the treasurer**. Be sure to register first and indicate that the Etransfer is for the Lunch.

Business Casual: Jacket suggested, tie optional

First 100 Only Accepted

See **Kent Newell** at the November 9 meeting or email at: kent_newell@sympatico.ca

Seating arrangements will be the same as the past.

Members have 2 options:

1. To be seated with other members and their guests based on a random draw as

the members arrive.

2. To be seated with their own selected party at a table of 8.

For option 1, members simply make payment for themselves and their guests to the Lunch Committee three weeks in advance.

For option 2, one member from the table of 8 will be required to provide the names of members and guests for that table at least three weeks in advance.

Should there be any last minute cancellation from the group, it is expected that the member in charge will make any arrangements for replacements. Location of the tables will be chosen on a random basis.

Upcoming Community Events - November and December 2023

In addition to its Christmas Concert on December 2, the Mississauga Festival Choir will be singing Verdi's requiem on November 18 with the Mississauga Symphony Orchestra plus its young adult choir, *Resonance*, are hosting a Cabaret night on November 25.

Link to these upcoming events: <https://www.mfchoir.com/concerts.html>.

For more about any or all of these, please contact Ron Kawchuk at Ronkaw@gmail.com.

Past Speaker - October

Peter Sloly, OOM, MBA, BA, CEO of Sloly Solutions
"Reflections and Projections for Policing and Public Safety"



On Thursday October 12th, a room packed with Probus members enjoyed a thought-provoking presentation by Peter Sloly. His topic was "Policing and Public Safety".

Peter is the CEO of Sloly Solutions, a company providing strategic advice to

governments and private and public sector organizations.

Peter's career began as a soccer player where he rose to play professionally, and made an appearance with the Canadian national team. In 2011 he received a Canadian Soccer Hall of Fame award for his leadership on and off the field.

Peter has a BA in sociology, an MBA, plus professional development certificates from US and Canadian universities and multiple policing and justice agencies. He served twice with the UN Peacekeeping Mission in Kosovo.

Peter joined the Toronto Police in 1988 where he remained for 27 years, rising to Deputy Chief in 2009. He resigned in 2016 to pursue a career in the private sector, then moved to Deloitte Canada to lead their Security and Justice practice.

In late 2019 Peter was recruited to become Chief of the Ottawa Police Service at a time when progressive civic leaders wanted major reforms to the force's policing practices. The challenges Peter took on were significant. With his career record of commitment to crime prevention, community, and progressive policing Peter seemed a perfect fit for this job. He was also a demonstrated champion for diversity, equity, inclusion, and anti-racism. Peter's personal motto of "Others before self; Compassion for all" illustrates his values.

Peter shared his major career experiences with our attentive group. His presentation illuminated how big challenges can best be managed by adherence to a coherent plan which enjoys the support of key stakeholders.

In Ottawa, Peter made immediate progress in improving public trust and implementing a city-wide community policing strategy. However, in early 2022 the so-called Freedom Convoy occupied central Ottawa, and that protest quickly escalated to a national security crisis.

Despite the Ottawa police's success in preventing death, rioting or serious bodily harm, it became evident that significantly more officers were necessary to remove the occupiers from Ottawa's streets. Eventually the federal government invoked emergency measures as 2200 officers from across Canada began arriving. The occupation ended peacefully, with the one highly visible casualty being Peter Sloly's job as the Ottawa police chief.

The broad theme emerging from Peter's remarkable presentation is the value of

sticking to one's guiding principles and courage in the face of adversity. Our speaker's record illustrates that he demonstrated these qualities through challenges encountered in Toronto, Kosovo and Ottawa, and in so doing he helped to advance a progressive and effective model of policing nationally and internationally.

Peter's presentation enjoyed rapt attention from our Probus members. He left us with much to think about regarding how best to navigate through the many challenges we encounter in our lives.

Past Events

McMaster Nuclear Reactor Tour - October 17, 2023



On Tuesday, October 17, there were 16 members who joined the McMaster Nuclear Reactor tour for a very informative and interesting tour of a working nuclear reactor. This reactor is used not for power generation, but to produce isotopes for scientific research, medical treatments, and materials testing. All in all it was interesting to learn about how the reactor works and the safeguards and



requirements needed to manage a nuclear reactor. After the tour the members chose a restaurant of their choice for lunch.

Kent Newell

Longo's Cooking Demonstration - October 30, 2023



On October 30, members of our Probus group and guests enjoyed the Beerfest cooking demonstration at the Applewood Longos.

Chef Jim was informative, entertaining and prepared a delicious beer infused meal. We started with ale and cheddar biscuits, braised Octoberfest red cabbage with



lager and German style sausages, followed by whipped potatoes and bangers. Topping off the meal was a beer float for dessert.

Lots of food, good conversation and helpful cooking tips made for a fun evening.

Marty Wanat

Activities Update

Enjoyed your last event?

...Why not share a group picture at ApplePro805@gmail.com and it will be placed here.

Wine Tasting Group 2 - September 27, 2023

Group 2 met on September 27th to sample white wines.

Those attending were Mike Preston, Jim Christie, Bob Weese, Bob Ewart, Hugh Turner and Peter Crawford.

Wines tasted:

Mare do Siena Pinot Grigio	Italy	\$9.95
Santiago Sortesele Pinot Grigio	Italy	\$18.95
Oyster Bay Sauvignon Blanc	Marlborough NZ	\$21.95
Te Henga Sauvignon Blanc	Marlborough NZ	\$15.95
Cave Springs Riesling	Ontario	\$14.95
Willm Riesling	Alsace France	\$22.95

As a group we generally found it more difficult to distinguish the appearance and aroma of these three different white wines, but in terms of taste and overall impressions the Rieslings and Sauvignon were preferred. Top choice was the Alsace Riesling.

The group had a lively discussion on the state of the nation and were able to consume a fair amount of cheese. A good time was had by all.

Peter Crawford

Dinner Group A - October 3, 2023



Dinner Group A met on Tuesday October 3rd at **Simply Thai** on Bloor Street, just west of Runnymede. In attendance were Roy Hicks, Peter and Joyce Delves, Ken and Linda Foxcroft, Bob Martin, and Kathy Baxter, Bob's sister-in-law. The food was wonderful, and even those who were unfamiliar with Thai food, discovered a new taste sensation.

Good food, and great camaraderie was had by all.

Bob Martin

Dinner Group G - October 18, 2023



Dinner Group G met at Posticino Restaurant on the Queensway October 18th.

The food and wine was well received. Seafood fans enjoyed both Smelt and Arctic Char.

Don Taylor

Walking Group - October 19, 2023



Six energetic walkers went in search of migrating salmon along the Credit River on a cool October day. While only shadows were seen in the river the glorious autumn colours buoyed our spirits and tempo. Several of the group returned to Chuck's Roadhouse at the local mall for lunch.

Doug Johnston

Wine Tasting Group 5 - October 19, 2023

We came together in full force in October for what turned out to be a spirited tasting. The host added in two white wines, one from Croatia and one from South Africa and a blockbuster of a Zinfandel from Lodi, augmenting the stunning array of bold red wines put forth by Bob from our aborted attempt at holding a September event.

We debated the merits of a more structured, Robert Parker inspired sensory analysis and scoring system, but rejected it for something a lot less involved and a lot more fun.

Group discussion centred around the horrific current events and the chaotic state of the world. All acknowledged that the hatred and mistrust demonstrated of late, is just too difficult to understand and does not bode well for the future of the world.

The theme of the tasting was Classical styles vs. winemaker intervened Newer World styles. Predictably, the tasters preferred the bolder, more flavoured styles by 2 to 1.

Below are the wines we tasted, from most popular to least popular.

1. 7 Deadly Zins 2018 - Zinfandel - 15% ABV Michael David Wines, Lodi California \$24.95
2. Robert Mondavi Private Selection - Bourbon Barrel-Aged Cabernet Sauvignon 2021 14.5%ABV Robert Mondavi Wines - Central Coast California \$22.95
3. Pietra Pura Mandus - Primitivo Di Manduria 2021 14.5% ABV Rocco del Macie, Tuscany, Italy \$18.95
4. Boschendal Sommelier Selection Chenin Blanc - 2021 13% ABV Boschendal Winery - Western Cape, South Africa \$19.95
5. Arboleda Cabernet Sauvignon 2020 - 14.5% ABV Eduardo Chadwick & Robert Mondavi producers - Aconcagua Valley, Chile \$19.95
6. Stina Cuvee White 2021 12.5% ABV 70% Posip, 20% Vugava, 10% Chardonnay Bol, Croatia Central & South Dalmatia \$21.95

David Litner

Lunch Group J - October 25, 2023



Probus Lunch Group J met at the Brampton Mandarin, hosted by Reg and Alison Perkin. Present were Bruce and Ester Calder, Ron and Andrea Kawchuk, Barry and Alverna Metcalfe, Bill and Lea Halliwell, Brian and Gladys Howitt. Brenda Smith was ill, so she and Eric were absent. Susanne Bray was busy arranging the Celebration of Life for her recently departed husband John.

As always, the food at the Mandarin was plentiful and delicious, the service excellent and the cost modest. We had arranged seating at two tables for six in a quiet area at the rear of one of the rooms, so conversation was easy and much enjoyed. As a result, we ended up staying for over two hours. Highly recommended.

Reg Perkin

Wine Tasting Group 2 - October 25, 2023

Group 2 met with six attendees: Jim Christie, Bob Weese, Bob Ewart, Hugh Turner, Peter Crawford and Victor Fornasier.

The tasting consisted of five Pinot Noir wines from five different countries and one non-Pinot just to confuse everyone. Only one participant was able to identify the non-pinot. Well done Hugh!

As usual the cheapest wine, Cigar Box Pinot from Chile was rated the best. ...or it could be because it was the last one tasted?

tasting	Name	Country	Price	My Rating	Grp Rating
1	Oyster Bay Pinot Noir Marlborough 2021	New Zealand	\$22.95	17	14.5
2	Mirassou Pinot Noir 2021	USA California	\$17.95	13	13.5
3	Henry of Pelham Pinot Noir VQA 2021	Canada Niagara	\$17.95	17	15.0
4	Planeta Frappato Sicilian Vittoria 2021	Italy	\$24.95	17	14.8
5	Philippe De Rothschild Pinot Noir Pays 2021	Southern France	\$15.55	18	15.2
6	Cigar Box Pinot Noir 2022	Chile	\$14.95	18	16.5

Dinner Club H - October 25, 2023



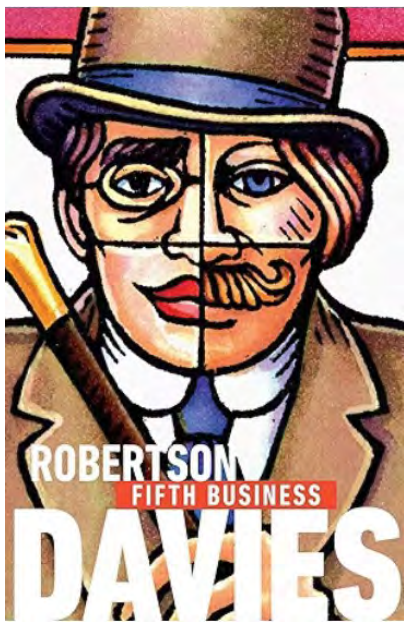
Although diminished because several of our group were dealing with medical issues, three couples enjoyed the ambience and food at Solstice Restaurant. We were able to welcome Bob and Susan Topping to our group and catch up with the Tyers and Johnston's exploits.

Our waiter was attentive and helpful explaining with patience and humour how to pronounce some items on the menu, and the food met everyone's discerning palates. While unable to solve the world's problems, we did explore the legacy of laughter and brilliance acquired from a good Scottish ancestry.

Doug Johnston

Book Club - November 1, 2023

Fifth Business, by Robertson Davies



This is certainly one of the more popular books this season. Some members were reading it for the first time, while many were finding it a pleasure to read again.

The characters in the book were well developed, and the plotting of the stories was well worked out. Some (but not all) of the women in the book were represented as stereotypes. The caste system was alive and well in Deptford. Clearly, being religious did not equate with being a good person. Boy Stanton's financial success led to his belief that he enjoyed God's favour, and that his success was predestined. He also blithely assumed that anyone he had helped financially would love him. His ability to edit his memory and remove unpleasant actions was remarkable, as emerged in the final scene with the magician, Magnus Eisengrim.

Davies' digressions into the realms of religious philosophy, capitalism, and socialism generated much discussion, as did his protagonist's interest in Saints and magic.

Book Rating: **8.4**

Other titles mentioned:

A Prayer for Owen Meany, by John Irving

What's Bred in the Bone, by Robertson Davies

Music, by Healey Willan, organist and precentor of the Church of St. Mary Magdalene, Toronto (e.g. Hodie Christus natus est)

David Williams

Convenor

Walking Group - November 2, 2023



What started as a small group of six eager walkers expanded to nine with addition of some tardy members, although we missed some regulars because of recent COVID attacks (or other diversions). We started at Garnetwood Park and then followed the Etobicoke Trail on a pleasant fall morning, which turned quite warm and sunny after we had travelled a few kilometers. A few turned back to achieve the obligatory 5km but others with more determination (and energy) continued to explore further.

Doug Johnston

Activity Calendar

For a calendar showing all scheduled activities, [click here](#)

New Members



Doug Johnston (L)
John Penny (New Member)
Jim Christie (R)



Jim Christie (L)
John Boots (New Member)
John Mark (R)

Applewood Probus Guests



David Luckock (L)
Syd Boyd (Guest, R)

Tips for Building Membership

Probus, do your friend a favor and

- Bring them to a monthly meeting.
 - Invite them to a Probus Activity. ie golf, beer tasting, book club, walking, etc
 - Post a Probus Poster in your condo bulletin board. (see Tony Hart).
 - Email them a copy of our AppleCore Newsletter.
 - Send the web URL: www.applewoodprobusclub.org
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Probus Website Submissions

We encourage you to submit a paragraph or two on what your group is up to. Pictures of your activity or event are also welcomed. Submissions should be sent to applepro805@gmail.com

Any Changes?



Help Us Keep the Membership List Up to Date

This is a gentle reminder that each member is responsible for keeping our membership list up to date. If you have moved, changed your email address or phone number, then send an email to the Membership Co-ordinator, **Doug Brien** at membership@applewoodprobusclub.org. or [click here](#). and Doug will update your record.

Thanks.

Probus Activities

To see the recent activities and pictures from our various activity groups click the activity listed below

[Billiards](#)

[Book Club](#)

[Craft Beer](#)

[Cycling](#)

[Dinner Clubs](#)

[Golf](#)

[Investments](#)

[Men's Bridge](#)

[Men's Supper Club](#)

[Mixed Bridge](#)

[Movies](#)

[Poker](#)

[Pub Lunch](#)

[Senior Common Room](#)

[Theatre](#)

[Trivia](#)

[Walking](#)

[Wine Tasting Groups](#)

[Activity Conveners](#)

[Management Committee](#)

The AppleCore Communications Team



To contact the team by email, [click here](#) or email applepro805@gmail.com (copy/paste). This email address is shared by all team members. Any email sent to this address will be available to the entire team.

Emails: Tony Hart

Newsletter: John Bishop

Website Gurus: Tony Hart, Gary Bridges, and Gil Clay

Zoom Specialist: Brian Mittler

Coordinator: Tony Hart

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Applewood Probus Club Membership List

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