
The AppleCore Newsletter

October 2023



President's Message



I very much regret that my first act as your new President is to abandon

you. On the 14th when you meet I will be in Mykonos, missing the spectacular fall colours and the crisp days that signal that winter is coming. As a sports fan I will be missing that glorious time when all the leagues are in action. Unlike my friends in Leafs Nation who will begin to think wistfully of parade routes I will have to temper my expectations with the mantra "we're rebuilding".

I also very much regret missing the presentation of our guest speaker Peter Sloly. I first met him when he was a Deputy Chief of Police in Toronto. He impressed me as a pragmatic innovator, in a profession which is marked by an almost slavish adherence to some traditions. Think of the thousands and thousands of dollars spent on headgear litigation, and a deep conservatism.

Policing in the 21st century has become increasingly politicized. On the one side, a movement to continually increase budgets, to add more and more officers to make society safe by an omnipresent police presence. On the other side, a call to defund the police, indeed to disband them entirely. From my perspective neither solution is viable or sustainable; the solution lies in finding some common ground.

At times of turmoil it is often helpful to return to basics. Sir Robert Peel, who is credited with creating the modern police service, is often quoted as saying, "The police are the community and the community are the police". His philosophy, as valid today as it was 150 years ago, is that in order to function the police must have the trust of the community and that their success should be measured not by the number of arrests but whether crime goes down.

Hopefully our guest Peter Sloly can give you some food for thought.

See you in November at our annual service of Remembrance.

Paul Taylor

President

Upcoming Speaker - October 12

Peter Sloly , OOM, MBA, BA, CEO of Sloly Solutions

"Reflections and Projections for Policing and Public Safety"



Peter is the founder and CEO of Sloly Solutions, a consulting company providing strategic advice to governments, private and public sector organizations. In addition to his consulting business, Peter is currently a "Visiting Fellow, Change Maker-in-Residence" at University of Toronto's Massey College.

Peter has enjoyed three different careers as a professional athlete, a partner in a major professional services firm, and as a police officer who rose through the ranks over three decades to become Chief of Police.

He has participated in several international development missions including two tours of duty in the United Nations Peacekeeping Mission in Kosovo. He has received United Nations and Canadian Medals for peacekeeping as well as being invested as an "Officer of the Order of Merit (Police Forces)" by the Governor General of Canada.

Peter has spent his lifetime championing diversity, equity, inclusion, and anti racism. Peter's professional mission is to help build smarter, safer cities and more just, inclusive societies. His personal motto is "Others before self, compassion for all".

Peter will provide his views on Policing and Public Safety, a matter of growing concern to all of us.

Peter will be hosted by Lloyd Posno.

Future Speakers

Ted Barris, Journalist, Author, Broadcaster, War Historian - November 9, 2023

"Battle of the Atlantic"



Ted's writing has regularly appeared in the national press, as well as magazines as diverse as Air Force, esprit de corps and Zoomer. He has also worked as host and contributor for most CBC Radio network programs, PBS in the U.S. and on TV Ontario. After 18 years teaching, he recently retired as a full-time professor of journalism at Toronto's Centennial College.

In 2011, he was one of 19 civilians presented with the Minister of Veterans' Affairs Commendation. In 2012, the Air Force Association of Canada selected

Ted Barris to receive Queen Elizabeth II's Diamond Jubilee Medal.

Ted's 20th book, *Battle of the Atlantic: Gauntlet to Victory* was published in the fall of 2022 and immediately landed on the *Globe and Mail* and *Toronto Star* bestsellers lists.

Bryana McLaughlin, Senior Coordinator, Capital Projects, Credit Valley Conservation - January 11, 2024

"Serson Creek and the Jim Tovey Lakeview Conservation Area"



You have probably never heard of Serson Creek, until recently a "lost river". This small Mississauga waterway disappeared into pipes underground some sixty years ago in the name of urban development. It has recently been restored and daylighted, flowing above ground into Lake Ontario and is home to fish once more. This is just one small aspect of the new Jim Tovey Lakeview

Conservation Area, a vast 26 hectare lakefront greenspace being created just a few kilometers east of the Port Credit Yacht Club. Containing three coastal wetlands, meadows, a forest, and shoreline habitats, this new space will be a hub for passive waterfront recreation, and a hotspot for wildlife migration and a green oasis in the heart of the city.

It will not open to the public until 2025, but Bryana McLaughlin will give us an inside look at Credit Valley Conservation's construction progress and vision for the new Conservation Area.

Upcoming Events

Annual Christmas Luncheon - December 7th, 2023



Probus Christmas Luncheon will be held at

Markland Wood Golf Club
245 Markland Drive, Etobicoke

Thursday, December 7, 2023

11:00 Fellowship

12:00 Lunch

50:50 draw - Prizes

Meal Choices - Please **SPECIFY CHOICE WHEN BUYING TICKETS:**

- Roast Beef, or
- Roasted Turkey, or
- Vegetarian

Cash Bar Available

Tickets: **\$80.00 Per Person**, payable by **Cheque or Etransfer to the**

treasurer. Be sure to register first and indicate that the Etransfer is for the Lunch.

Business Casual: Jacket suggested, tie optional

First 100 Only Accepted

See **Kent Newell** at the October 12 meeting or email at:

kent_newell@sympatico.ca

Seating arrangements will be the same as the past.

Members have 2 options:

1. To be seated with other members and their guests based on a random draw as the members arrive.
2. To be seated with their own selected party at a table of 8.

For option 1, members simply make payment for themselves and their guests to the Lunch Committee three weeks in advance.

For option 2, one member from the table of 8 will be required to provide the names of members and guests for that table at least three weeks in advance.

Should there be any last minute cancellation from the group, it is expected that the member in charge will make any arrangements for replacements. Location of the tables will be chosen on a random basis.



Longos October Beerfest - October 30, 2023

the loft
gather • cook • learn by Longos

Private Cooking Demonstration Class For Applewood Probus

When:

Monday October 30, 2023

6:00PM to 8:00PM

Where:

[Longos](#) Loft Applewood Plaza

1125 North Service Road

Mississauga, ON L4Y 1A6

Cost:

\$55.00+HST per person

Class size is **limited to 20 people**.

Wine by the glass will be available to purchase.

Sign up at the October Probus meeting or send Marty Wanat an Etransfer for \$62.15 (Tax included) to mwanat31@gmail.com . For more information email Marty at mwanat31@gmail.com.

Beerfest Menu:

Join Chef Jim Comishen as he takes the best of beer and turns it into family food favourites. Start with warm and comforting Beer Bread Muffins. Next, a classic Beer Braised Red Cabbage with bacon and polish sausage. We then take a rich Guinness and braise hearty Banger Sausages with Onion and Mushroom Gravy served over some Garlic Red Skinned Mashed. For dessert, a simple and unique Stout and Ice Cream Float with chocolate sauce. Who said beer is only for drinking? Come and join us for this special and unique evening.

Kent Newell

Theatre Outing "Evita" - November 5th, 2023



Evita

A Drayton Entertainment Production

Hamilton Family Theatre in Cambridge, Ontario

Sunday, November 5th, 2023 at 2:00PM

For best seat selection, go online NOW www.draytonentertainment.com and buy your choice of seats before they sell out.

Lunch to be organized prior to showtime at a local restaurant.

Contact Don Wilkinson (donwilkinson756@gmail.com) after ticket purchase and to sign up for the Pre-Show lunch.

This is a drive yourself event, but we will try to arrange carpooling if required.

Past Speaker - September 2023

**Betty Franklin, Registered Nurse, Mental Fitness and Wellbeing Expert,
Author, Educator**

"Living With The "F Words" in Your Life"



Betty gifted us with an engaging and at times provocative challenge to review our current habits and make changes to improve the quality of our day-to-day lives. While the healthcare system may fix our physical or emotional problems after they develop, it would be better if those issues never appeared in the first place. That should be our goal.

She identified six areas of focus to which we should attend, namely family, fitness, friends, finance, fun and faith. Her metaphor was that each is a spoke in a wheel, and to avoid a bumpy ride in life, all six must be of equal length and sturdiness. Her talk was well crafted, told with clarity and humour. We all might be well served to hear that message once every year or so to review our progress to an ever-healthier lifestyle!

Mike Miller

Past Events

Annual AGM and Barbeque - September 14, 2023

Applewood welcomed this year's executive at the meeting.



Shown L-R:

Jim Christie - Vice President

Marcus Miller - Past President

Paul Taylor - President

Bob Whitehead - Secretary

Kent Newell - Events Coordinator

Tony Hart - Membership Coordinator, Communications Coordinator

Mohan Damle - Treasurer

Mike Miller - Speakers Coordinator

John Marc - Activities Coordinator

It was a perfect September day for the Applewood BBQ following the AGM.



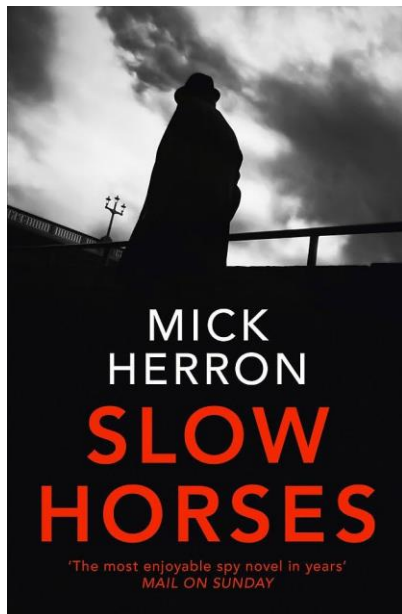
Activities Update

Enjoyed your last event?

...Why not share a group picture at ApplePro805@gmail.com and it will be placed here.

Book Club - September 6, 2023

Slow Horses, by Mick Herron



Slow Horses is a fictional spy novel about the British secret service organization, MI-5, located at Regents Park in London. Members who have in some way failed in their duties or fallen out of favour, have been banished to a decrepit building named Slough House. These people are derisively referred to as "Slow Horses", and are destined to perform useless tasks forever, or until they simply quit. The chief of this crew, Jackson Lamb, is fat, crude, sarcastic, funny and rather brilliant. Other slow horses vary greatly in personality and character. The MI-5 bureaucracy is set out in some detail, including management, spies ("spooks" and "joes"), a thuggish enforcement group ("Dogs"), and "cleaners" who cleaned up messy scenes outside the law. One character is clearly based on former Prime Minister Boris Johnston.

Slow Horses is the first of a series of eight books about MI-5 and the slow horses, mostly involving the principals, Jackson Lamb and the senior MI-5 executive Diane Taverner, some very odd "slow Horses", and a number of inept and always self-serving bureaucrats. The proposer of this book has read all eight books in the series, enjoying the humour and the challenge of guessing what was going on and where it was all headed.

The Slow Horse books are not for everyone however. Book club reviews varied from a number of "Didn't like it at all" to "Really enjoyed the book". Criticisms particularly found the structure confusing, jumping from one set of characters or

situation to another without announcing the change.

There were four very low ratings (5 to 5.5) and the average was 6.2.

Doug Gilpin

Book Club Reading List - October 2023

October	The Smallest Lights in the Universe	Sara Seager
November	Fifth Business	Robertson Davies
December	Red Team Blues	Cory Doctorow
January 2024	The Rise and Fall of the Dinosaurs	Steve Brusatte
February	Act of Oblivion	Robert Harris
March	Letters Across the Sea	Genevieve Graham
April	The Code Breaker	Walter Isaacson
May	All the Light We Cannot See	Anthony Doerr

David Williams

Walking Group - September 21, 2023



Probus walk and BBQ.

The day began with beautiful weather for our morning walk through the Joshua Creek park. Twelve joined along the walking trail which runs along a ravine creek surrounded by tall trees and dense undergrowth. Black walnuts covered the trail. We added a short

walk to nearby Arkendo Drive to view Lake Ontario. The scene was warm, bright, and calm. It made you want to stretch out on the lawn, so one of us did.



The next stop was at noon at the McAuliffe home for the BBQ. Sixteen joined in.

Thank you to Tom and Cam McAuliffe for generously hosting the event and to Heather Walker and Glenna Armour for organizing the BBQ. Salads and deserts were provided by all the members. It was an enjoyable get together.



After seven years leading the walking group I'm stepping down for medical reasons. I will continue to join in with the group walks as best I can.



The club is looking for a new member to step up. Please consider joining.

Philip Walker

Dinner Group J - September 21, 2023



Twelve of us enjoyed long conversations and a wide variety of well prepared lunch dishes at the Mediteranian Bistro in Clarkson.

We had to wait quite some time for our food as the restaurant was surprisingly very busy including another chatty group of 17 seated nearby and the kitchen was understaffed for the first hour.

Overall a great restaurant, extensive menu, reasonable prices and good service, lovely presentation, but things may be a tad slow, depending.

Ron Kawchuk

Bicycling Group - September 22, 2023



We had sixteen Probus bikers, friends and spouses gather in Erin for a 14km bike ride from Erin to Orton along the Elora-Cataract Rail Trail, in glorious weather and with fall colours starting to emerge. We then biked back to Erin for a nice lunch with libations at the Busholme Restaurant in

downtown Erin.

Our last ride of the season will be held on the morning of Friday, October 20, along a portion of the Caledon Rail Trail. Please email Joe Reid at dierhjski@yahoo.ca if you would like to join our energetic and diverse group of bikers.

Joe Reid

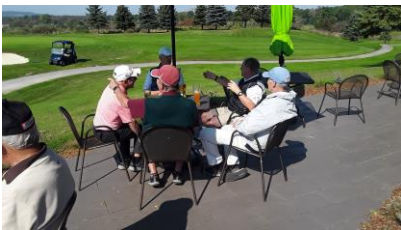
2023 Annual Golf Tournament - September 26, 2023



The annual Probus golf tournament was held this year at the Mount Nemo Golf Club. Twenty three golfers teed off and two others joined us for the lunch that followed.



A round of best ball was played. Each member shot a ball and the best was selected to be shot next. Each golfer had to have a least three tee shots during the round. Scores ranged from 64 to 78. The top three teams were between 64 and 67 - a close game.



Tournament winners were the team of Steve Jones, Bill Rivers, Tony Hart and Garry Jenkins. As usual the overall winners were everyone who came out on a warm early fall day to share fun and fellowship with other Probus friends.

Lunch followed at the golf club. Choices of sausage, hamburger or pulled pork and a salad were available followed by apple crisp and ice cream.

Golf will continue while weather permits through October.

Would you like to be part of this group next season? You can let me know now and I will add you to the list, or you can wait until mid-February when plans are being formulated.



Garry Jenkins
Golf Convener

Senior Common Room - September 28, 2023

The Senior Common Room assembled with twelve participants on Zoom. The topic for discussion was "***What Makes Life Worth Living?***".

Some participants were not used to being introspective and sharing their

thoughts and beliefs, but all did, and the discussion was carried on with respect, without put-down or insult. Most agreed that what made life worth living was involvement with others: family, grandchildren, projects, fellowship and keeping busy. Having baubles, possessions and fame were far down on the list. Most felt that participation in Probus contributed to making their life worthwhile.

We also managed to squeeze in a fascinating discussion about what is likely to happen with Trump: plea bargain? jail? elected but denied ability to hold office under the constitution? civil war? a peaceful transition to a second Trump presidency?

As usual, the discussion was insightful, lively, polite, and very enjoyable. We had to end it while we wished we could go on for more.

Paul Moore

Dinner Club H - September 30, 2023

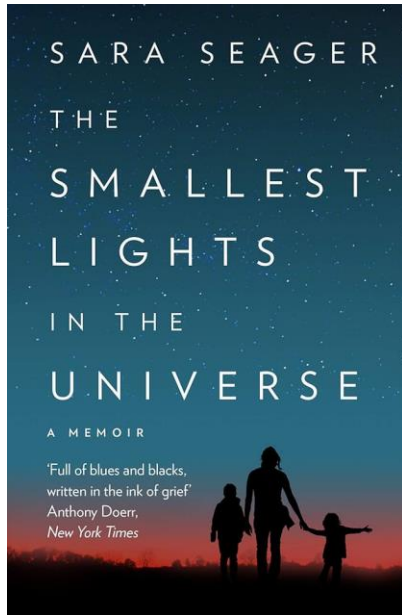


Dinner Club H, although somewhat diminished by illnesses among our roster, had a very enjoyable evening on September 25th at the Clarkson Mediterranean Bistro. The Johnstons and Mcleods guided by our hosts the Tyers' caught up after a summer hiatus, though positive thoughts about the Blue Jays, and the opening of the hockey season, added a few tall tales. We had a great time. The food was excellent as was the service and ambience.

Doug Johnston

Book Club - October 4, 2023

The Smallest Lights in the Universe: A Memoir, by Sara Seager.



Members enjoyed this book, particularly the astrophysical portions. Seager provides details which permit the reader partially to grasp the enormity of the universe. Her descriptions of instruments and their design was interesting. The recognition of exoplanets and their number developed during the span of her career as covered in the book. Her theory of detecting gases as possible signs of life was brilliant. In some ways, it seems unfair to examine the results of single-minded research, and attribute this accomplishment to a developmental disorder such as autism. That said, it was clear that while some of her emotional responses were blunted, her description of grief on the loss of her first husband was moving. References to the University of Toronto, the Royal Astronomical Society of Canada, the McLaughlin Planetarium, and the Dunlap Observatory underscored Seager's Canadian origin.

Rating of the book: 7.82

Other books mentioned:

The Space Trilogy, by C. S. Lewis

The Inflationary Universe, by Alex Guth

David Williams

Activity Calendar

For a calendar showing all scheduled activities, [click here](#)

Announcements

Duplicate Bridge - October 17, 2023

Probus Duplicate Bridge resumes Tuesday, Oct 17. We meet on the third Tuesday of every month through the Fall and Winter at 1:00pm in the Card Room at the Fairways Condominium at 1400 Dixie Road. Anyone interested in joining us this fall should contact Jim Christie at jchristie@sympatico.ca.

Jim Christie
4024 Rolling Valley Drive
Mississauga, ON L5L2K8
Cell 905 815 3742

Tips for Building Membership

Probus, do your friend a favor and

- Bring them to a monthly meeting.
- Invite them to a Probus Activity. ie golf, beer tasting, book club, walking, etc
- Post a Probus Poster in your condo bulletin board. (see Tony Hart).
- Email them a copy of our AppleCore Newsletter.
- Send the web URL: www.applewoodprobusclub.org

Probus Website Submissions

We encourage you to submit a paragraph or two on what your group is up to. Pictures of your activity or event are also welcomed. Submissions should be sent to applepro805@gmail.com

Any Changes?



Help Us Keep the Membership List Up to Date

This is a gentle reminder that each member is responsible for keeping our membership list up to date. If you have moved, changed your email address or phone number, then send an email to the Membership Co-ordinator, **Doug Brien** at membership@applewoodprobusclub.org. or [click here](#). and Doug will update your

record.

Thanks.

Probus Activities

To see the recent activities and pictures from our various activity groups click the activity listed below

[Billiards](#)

[Book Club](#)

[Craft Beer](#)

[Cycling](#)

[Dinner Clubs](#)

[Golf](#)

[Investments](#)

[Men's Bridge](#)

[Men's Supper Club](#)

[Mixed Bridge](#)

[Movies](#)

[Poker](#)

[Pub Lunch](#)

[Senior Common Room](#)

[Theatre](#)

[Trivia](#)

[Walking](#)

[Wine Tasting Groups](#)

[Activity Conveners](#)

[Management Committee](#)

The AppleCore Communications Team



To contact the team by email, [click here](#) or email applepro805@gmail.com (copy/paste). This email address is shared by all team members. Any email sent to this address will be available to the entire team.

Emails: Tony Hart

Newsletter: John Bishop

Website Gurus: Tony Hart, Gary Bridges, and Gil Clay

Zoom Specialist: Brian Mittler

Coordinator: Tony Hart