



The AppleCore Newsletter

October 2021



President's Message



Jim Carmichael

I hope that this, my first message to you as the new President of Probus Applewood finds you and yours in good health.

While the year as Vice-President (President in-waiting) was supposed to prepare me for this role, the truth is that the past year has largely been one of listen and learn. As I grow into my responsibilities, I am very ably assisted by the Management Committee which is

composed of both incumbents and their experience, but also new additions, and their fresh ideas. I am looking forward to working with them all to make your membership fruitful.

The past two years will be remembered by us all as historically important, and how the Covid 19 Virus has impacted the world, resulting in an estimated 5 million deaths, untold financial hardship and dislocation, and way down the rung, the impact on relationships and the lifestyle we had come to take for granted. (<https://www.worldometers.info/coronavirus/>) or [click here](#)

Slowly, we sense a cautious return to some new normal and look forward to re-opening some of the activities at the heart of why you joined Probus in the first place. Walks and Cycling have re-started, others will follow In due course. We look forward to holding our monthly meetings in person but are preparing with the realization that for some, their comfort might lead them to prefer Zoom for some time. To that end, we are exploring the technical options available to conduct hybrid meetings.

On October 1st, World Seniors Day, I joined a Global Zoom meeting and was impressed to see the worldwide reach of this organization, created to foster fellowship and bring together people of diverse backgrounds and experiences. If you have a moment, I invite you to browse through the website <https://probusglobal.org> or [click here](#)

In closing, since we have not met for many months, we really do not have a precise handle on our membership numbers. Since we have not collected dues, we do not have a clear expression of commitment to membership. My sense is that we need to make every effort to grow our chapter, renewal is important. I encourage you to introduce your friends to Probus.

Look forward to seeing everyone again soon. As I write this missive, I am looking forward to the theater of flipping back and forth between Baseball games in the hope that the Blue Jays will continue to entertain us for another month.

The comments and opinions expressed herein are solely those of the author and not of Probus Canada or the Applewood Chapter – (courtesy of the Probus Legal department)

CURRENT GUEST SPEAKER **Thursday, October 14 2021, via Zoom**

Adam Shoalts

The Whisper on the Night Wind: The True History of a Wilderness Legend



About the speaker:

Join professional explorer and #1 national best-selling author Adam Shoalts as he returns to tell us about his latest adventure and launch his brand new book, *The Whisper on the Night Wind: The True History of a Wilderness Legend*. It's the fascinating story of a century-old wilderness legend from the Labrador wild and Shoalts's attempt to unravel it. Shoalts has a Ph.D.

from McMaster University in History, is a National Champion of the Trans-Canada Trail, and the Westaway Explorer-in-Residence of the Royal Canadian Geographical Society. A regular guest on television and radio, his books include *Alone Against the North*, *A History of Canada in 10 Maps*, and *Beyond the Trees*, all of them national bestsellers.

CURRENT GUEST SPEAKER BOOKS

Adam Shoalts

Spellbinding adventure from Canada's most beloved modern-day explorer.

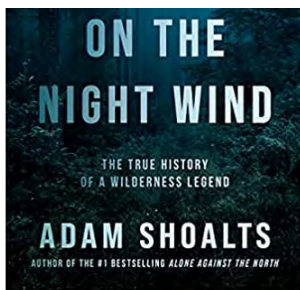
Traverspine is not a place you will find on most maps. A century ago, it stood near the foothills of the remote Mealy Mountains in central Labrador. Today it is an abandoned ghost town, almost all trace of it swallowed up by dark spruce woods that cloak millions of acres.

In the early 1900s, this isolated little settlement was the scene of an extraordinary haunting by large creatures none could identify. Strange tracks were found in the woods. Unearthly cries were heard in the night. Sled dogs went missing. Children reported being stalked by a terrifying grinning animal. Families slept with cabin doors barred and axes and guns at their bedsides.

Tales of things that "go bump in the night" are part of the folklore of the wilderness, told and retold around countless campfires down through the ages.



Most are easily dismissed by skeptics. But what happened at Traverspine a hundred years ago was different. The eye-witness accounts were detailed, and



those who reported them included no less than three medical doctors and a wildlife biologist.

Something really did emerge from the wilderness to haunt the little settlement of Traverspine. Adam Shoalts, decorated modern-day explorer and an expert on wilderness folklore, picks up the trail from a century ago and sets off into the Labrador wild to investigate the tale. It is a spine-tingling adventure, straight from a land steeped in legends and lore, where Vikings wandered a thousand years ago and wolves and bears still roam free.

In delving into the dark corners of Canada's wild, *The Whisper on the Night Wind* combines folklore, history, and adventure into a fascinating saga of exploration.

[Click here](https://adamshoalts.com/literature/) to link to Adam's new book: <https://adamshoalts.com/literature/>

RECENT GUEST SPEAKER

Hugh Segal

Guaranteed Annual Income September 8, 2021, via Zoom

Hugh Segal, noted political adviser, former Senator, and former head of Massey College, University of Toronto, gave a wide-ranging talk to our Applewood Probus Club September 8, 2021. Introduced by Lloyd Posno, and thanked by Tom Axworthy, Segal discussed both the recent Afghanistan calamity and the state of poverty in Canada, making connections between the two topics. Poverty, he stated, is the underlying condition of Afghanistan (which he visited during his Senate years) and it is a condition that the Taliban exploited to return to power.

Canada is not Afghanistan but Segal made the point that according to a Statistics Canada report in 2018, 3.7 million Canadians lived below the poverty line, but unlike many poor societies in the world, Canada has the resources to alleviate this critical problem if we deployed these resources properly. Much of Segal's talk was devoted to the solution he highlights in his recent book "Bootstraps Need Boots", namely a Guaranteed Basic Income. This idea has a long pedigree, starting with the conservative economist Milton

Friedman, running through Richard Nixon who proposed such a plan in 1969, to the Pierre Trudeau government which partnered with Manitoba to create a pilot program in Dauphin Manitoba in the 1970s, to our own time with the Ontario Government of Kathleen Wynne also starting an experimental program in Hamilton and Brantford in 2017(which Segal advised on). These experiments show that basic income support reduces the use of emergency rooms by the poor significantly (among other benefits) . Segal, therefore, argued that the 50 billion cost of a national income program would help the provinces deal with rising health costs as provincial welfare costs would fall with the federal government taking on poverty reduction and health usage by the low income would fall. Thought about broadly enough, Segal maintained, Guaranteed Basic Income support is also a contribution to a better sharing of health costs.

This thesis prompted many questions from Probus members about work incentives and labour shortages, the lessons from the CERB program to respond to the economic impacts of Covid, and the political will to do such a program (not much Segal admitted). Hugh Segal is one of the leading public intellectuals in Canada and his talk to Probus showed why he is regarded so highly,"

Hope this captures it.

Tom Axworthy



3. Lessons from the Defeat in Afghanistan

- Little was done by Allied forces to address the high levels of poverty in Afghanistan over twenty years
- This left the Taliban with an enormous presence
- Corruption of Afghan Government was understood by the population
- Pakistan, the major Chinese ally, maintained and sheltered the Taliban
- Their goal was strategic depth against India the largest democracy in the world - a goal the Chinese share
- India is a fellow Commonwealth member with Canada

AIRD BERLIS

Trace the deep historical roots of Canadian conservatism and the themes that unite its pre-and post-confederation reality with today's challenges and issues

Hugh Segal, September 9th, 2021

GUEST SINGER



Since our meetings are currently being held online, we have an opportunity to bring in a guest singer who would not normally attend a Probus meeting.

If you missed the meeting, you can view the video here by clicking on the image below. You may need to adjust the sound volume. *Note: some YouTube videos are preceded and followed by ads. We skip the ads at club meetings.*



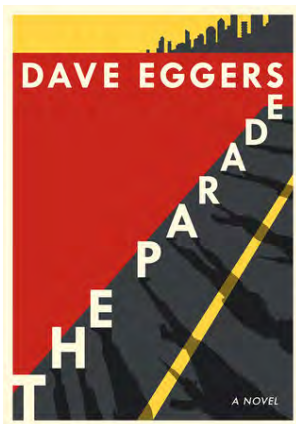
"O Canada"
**Sung by the Virtual Choir of Newfound and Labrador English
School District**

BOOK CLUB



Now that you are spending a lot more time at home, you could consider opening a few of your books or downloading an eBook from the library. To find out what our very active Book Club has read recently [click here](#).

The Parade by Dave Eggers



Discussion of the book included the related features of parables, allegories, and fables. All agreed that this novella is very sparse on detail and character development, with an intense concentration on the end of the road to the North. The characters with generic names in a generic country damaged by a generic war are readily imagined anywhere in the world. The characters 4 and 9 resemble the Odd Couple, minus the humor. Nonetheless, 9, with his carefree attitude, eventually forced 4 to take some responsibility for his feckless partner. Some members found it an easy read, while others had to force themselves to finish it. The story does give some detail about life found along

the road, as well as the unintended consequences of a single-minded attention to one goal. The value of providing outside help is shown to be doubtful at best.

Rating for the book: 6.3.

David Williams
Convenor



PROBUS WALKERS

1. Oct 7, 2021 Lakefront Promenade

The walking group's next outing will be along Lakefront Promenade. Drive east on Lakeshore past Cawthra road, right at Lakefront Promenade [like you are going to the PCYC]. As you enter the park, go

left at the sign marked 155, Douglas Kennedy Headland. We will meet in the parking lot and head out on the walk at 10 am. This is a paved, level walk and includes the Adamson Estate. For those who want a longer walk, the route can be extended westward to Hiawatha Park, along the trails in the headlands within the park, or even as far as Credit River harbour. Be prepared - the current weather forecast for the coming week is plenty of rain. There are tables for picnicking where we park.

Tom McAuliffe has generously offered to host our annual BBQ. We reviewed the current Covid restrictions and decided to do the event next summer.



2. Sept 16, 2021 Erindale update.

We had 21 people at the Erindale walk. It was lovely late summer weather and there were quite a few other groups of people enjoying the day. We walked 8 Km in 2 hours. There were a few muddy sections on a portion of the main trail, but people were able to choose a variety of diversions to avoid the wet.

Salmon were in the river, we saw some being caught, and there were plenty of gulls looking for scraps.

Chipmunks and chickadees were busy in the bird feeding stations. The morning ended with a picnic lunch in the park.

Phil Walker
phil.walker@bell.net
T 905 822 7752
C 416 688 7750
convienier



APPLEWOOD PROBUS CYCLING

THE FOLLOWING IS OUR 2020 SCHEDULE AND RIDE LOCATIONS

(Exact timing and meeting points will be forthcoming prior to each ride by the ride marshal and indicated at the end of each trip.)

Remember to check your bike before riding and make sure you have plenty of water. Also, all riders must wear a helmet. Rides are rain or shine, only snow will halt our ride.

We welcome all members and family members, please let us know if you want on the mailing list @ jmark1490@rogers.com

Your biking committee of John Mark, Doug Brien, and Stewart Fudge



COMMUNITY VIDEO OF INTEREST

The last 18 months have been hard on some of us. Many have sweated over the virus, the loss of jobs, seen increased violence in our cities, watched racial issues become front-page news and so many more things to cause us anxiety.

Please watch this uplifting video, [click here](#).

Any Changes?



Help Us Keep the Membership List Up to Date

This is a gentle reminder that each member is responsible for keeping our membership list up to date. If you have moved, changed your email address or phone number, then send an email to the [Membership Co-ordinator](#) (Garry Jenkins). Garry will update your record. Thanks.

Probus Activities

Click the Item for Details

[Billiards](#)

[Book Club](#)

[Craft Beer](#)

[Cycling](#)

[Dinner Clubs](#)

[Golf](#)

[Investments](#)

[Mixed Bridge](#)

[Movies](#)

[Poker](#)

[Pub Lunch](#)

[Theatre](#)

[Walking](#)

[Wine Tasting Groups](#)

[Activity Conveners](#)

[Management Committee](#)

The AppleCore Communications Team



To contact the team by email, [click here](#) or email applepro805@gmail.com (copy/paste). This email address is shared by all team members. Any email sent to this address will be available to the entire team.

Newsletter / Emails: Mark Inkster / Allen Wolfrey

Website Gurus: Tony Hart, Gary Bridges and Gil Clay

Zoom Specialist: Paul Ferri

Coordinator: Mark Inkster

Copyright © 2021 PROBUS Club of Applewood, All rights reserved.
Applewood Probus Club Membership List

Our mailing address is:

PROBUS Club of Applewood
1801 Balsam Ave
Mississauga, ON L5J 1L3
Canada

[Add us to your address book](#)

Want to change how you receive these emails?
You can [update your preferences](#) or [unsubscribe from this list](#).

